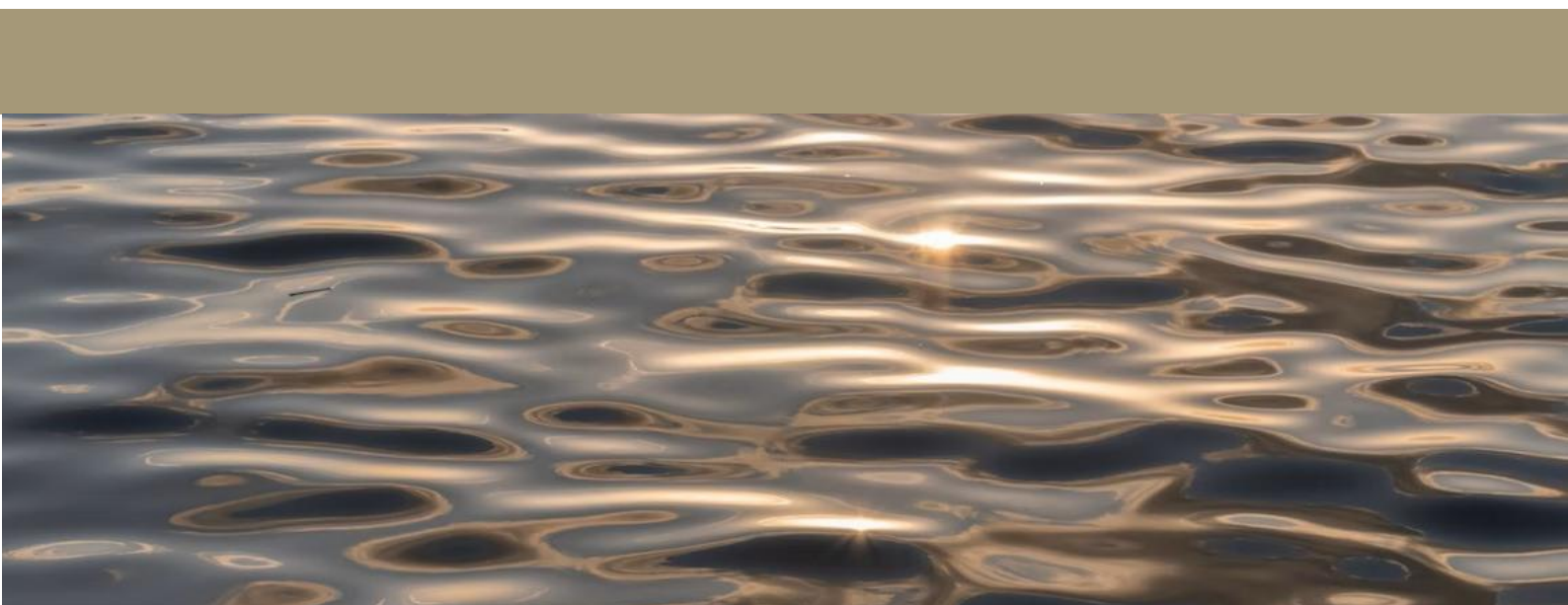


TREATMENT MENU

PHYTOMER

FROM THE SEA TO THE SKIN

*Let yourself be carried away by a wave of well-being.
Taste the benefits of natural products and treatments
created in Saint Malo, France, and chosen by
the most beautiful spas around the world.*



FACIAL TREATMENTS

ANTI-AGING TREATMENTS



SIGNATURE TREATMENT

SUPREME YOUTH PIONEER TREATMENT

Ultimate Facial Treatment Face, Eye Contour, Neck & Décolleté . 90 min

This supreme treatment restores the skin's freshness, youth and radiance. Its exceptional massage, which covers the entire face and décolleté, visibly smoothes the skin while providing absolute relaxation. Throughout the treatment, the back is infused with trace elements in a relaxing sensation of gentle warmth.

OLIGOFORCE LUMINATION

Treatment for Complexion - Dark Spots - Wrinkles . 60 min

A complete global anti-aging treatment that illuminates the complexion, reduces dark spots and smooths wrinkles. The ideal combination of a peel, a powerful anti-aging serum and a sheet mask rich in trace elements, to infuse the skin with light.

EXPERT YOUTH

Wrinkle Correction Treatment . 60 min

The leading anti-aging ritual that targets all wrinkles to smooth the skin, reduce lines and re-plump the face.

FACIAL TREATMENTS

TARGETED FACIAL TREATMENTS



CYFOLIA **ECOCERT-CERTIFIED ORGANIC PRODUCTS**

Radiance Plumping Treatment - Face and Eye Contour . 60 min

A nice glow and a well moisturized skin thanks to a pleasant treatment that combines soothing massage and highly-efficient organic products.

Suitable for teenagers from 13 years old.

CITYLIFE

Anti-Pollution Skin Freshness Treatment . 60 min

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin.

HYDRA ORIGINAL

Plumping Thirst-Relief Treatment with Organic Algae . 60 min

A skincare essential that combines high-performance moisturizing with intense relaxation by pairing luxuriously-textured products and a relaxing massage. Plumped and refreshed, the skin regains its soft, smooth, balanced glow.

DOUCEUR MARINE

Comforting Soothing Treatment . 60 min

This pampering treatment softens your skin and enhances its protection system for soothed and ideally hydrated skin.

ACCEPT CICA

Fragrance-Free High Tolerance Nourishing Treatment . 40 min

This ultra-nourishing repairing treatment with Organic Fermented Codium is ideal for reactive skin or skin weakened by pollution, climate conditions or repeated skin peels.

OLIGOPUR

Blemish Solution Treatment . 60 min

This cleansing and matifying facial treatment, with proven efficacy against blemishes, leaves your skin visibly healthier, clearer and your complexion fresher.

CLEAR SKIN EXPRESS

PHYTOMER

Skin Cleansing Treatment . 40 min

A warming, absorbent marine face mask is followed by a custom facial mask to clear pores for skin that's cleansed and a complexion that's refreshed.

SKIN ESCAPE FOR MEN

FOR MEN

PHYTOMER

Facial Treatment for men . 60 min

Enter a world dedicated to men. Choose a moisturizing, youth, soothing or pollution-targeted treatment adapted to the specificities of male skin.

Personalize your facial treatment

RELAX BACK

Remineralizing Anti-Fatigue Treatment . 15 min

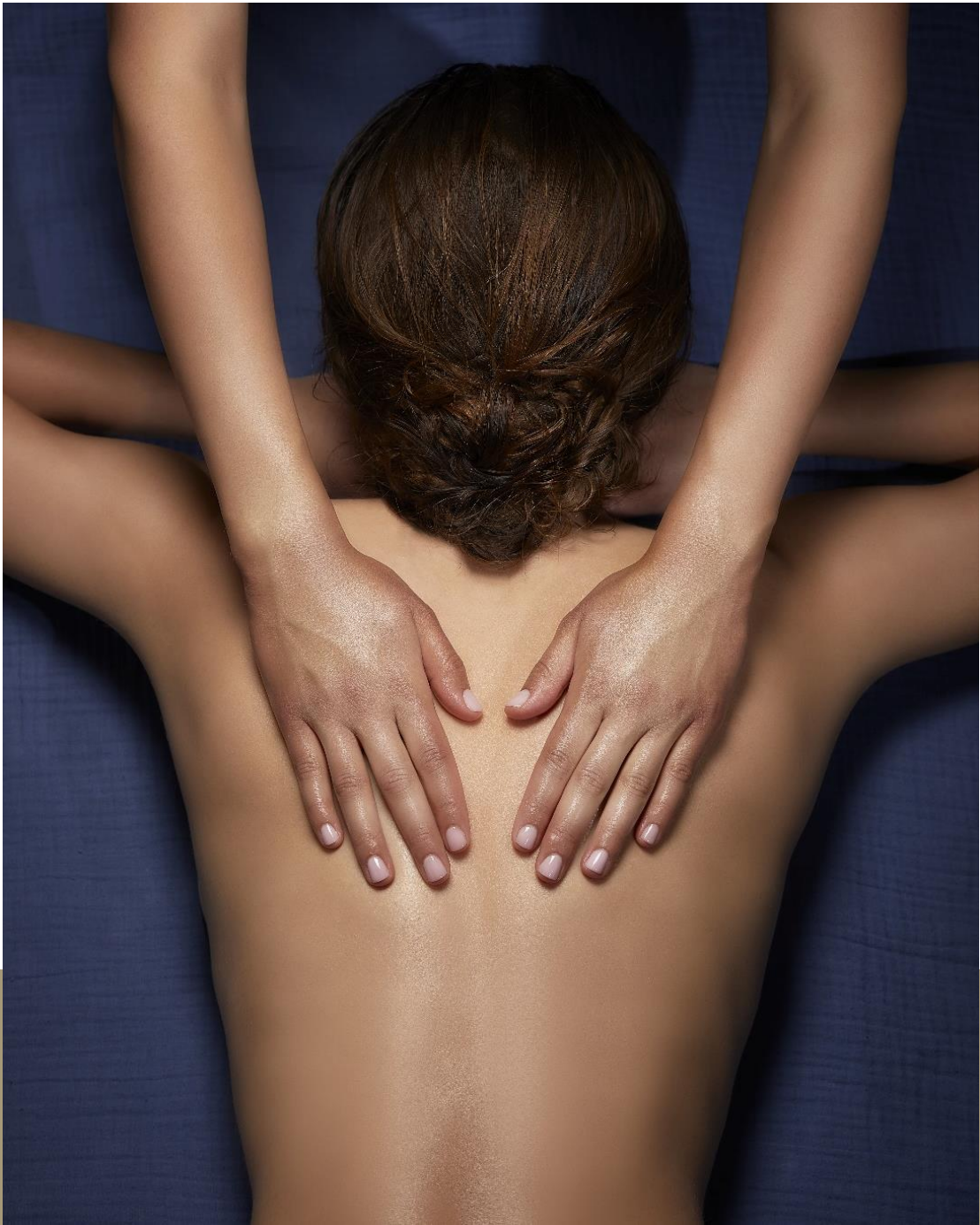
An ultra-relaxing back massage, followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects. An add-on possibility for all PHYTOMER facials.

EYE PERFECTION

Radiance Smoothing Eye Treatment . 20 min

An ultra-comprehensive treatment for sparkling, young-looking eyes.

Your eye contour area is smooth and rested. To complement all facial treatments.



CONTOURING TREATMENTS



SIGNATURE TREATMENT

P5 CONTOURING TREATMENT

Full body Massage and Algae Jam Wrap . 60 min

A full-body contouring spa treatment that combines a toning massage with a sea-fresh algae wrap to refine curves, reshape and tone.

SCULPT ZONE

Targeted Heating Wrap Abdomen - Buttocks - Thighs . 60 min

An intensive exfoliating scrub, a targeted massage, and a next-generation thermo-sculpting wrap melt away flab and cellulite in record time. The slimming results are dramatic.

BODY REFLEX

Ultra-Soothing Body Scrub and Wrap - Abdomen - Buttocks - Thighs . 90 min

The ideal body peel for an immediate “new skin” effect: exfoliation combined with an ultra-smoothing wrap, massaged into each target area for maximum effectiveness. *Scrub and wrap without shower.*

SEATONIC

Body Wrap and Firming Massage . 60 min

A high-performance gel wrap is applied then massaged into the skin to lift, tighten tissue and prevent sagging. Result: The whole body is firmed and toned. *Wrap without shower.*

OLIGOMER[®] SILHOUETTE

Refining Remodeling Marine Body Treatment . 75 min

A complete treatment in 2 steps: a slimming balneotherapy followed by contouring massages on the whole body. Perfect as a contouring program, in addition to massages or body wraps.

BEAUTY & WELL-BEING TREATMENTS



SIGNATURE TREATMENT

OLIGOTHERAPY

Remineralizing Drainage Body Treatment . 60 min / 1h30

Detox with this complete body treatment: a draining massage that eliminates toxins and tension is combined with a remineralizing Oligomer[®] body wrap for a total body makeover.

SPARKLES OF THE SEA

Remineralizing Relaxing Back Treatment . 45 min

An ultra-relaxing back, feet and scalp massage, combined with detoxifying and remineralizing marine products.

MARINE SCRUB

Toning Body Scrub Treatment . 50 min

An exfoliation combined with a massage for an express beauty treatment that leaves the skin soft and silky. *Exists in version without shower.*

LEG REVIVAL

Leg Soothing Treatment . 35 min

A targeted treatment to comfort and relieve tired legs, as well as visibly enhance their appearance.

OLIGOMER[®] PURE

Invigorating Energizing Remineralizing Balneo Treatment . 60 min

Relax in a jetted, balneotherapy bath rich in remineralizing marine ingredients followed by a fully-body massage for an ultimate invigorating effect. It's the perfect treatment to unwind and recharge the body with energy.

WELLNESS BODY TREATMENTS



SIGNATURE TREATMENT

OLIGOMER® SPA

Remineralizing Revitalizing Massage . 60 min

With Scrubbing . 90 min

Deeply relaxing and re-energizing, this signature body treatment combines a full exfoliation with a totally encompassing massage. It offers a unique sensory experience based on OLIGOMER®, PHYTOMER's mythical active ingredient, with remineralizing and fortifying benefits. Its exfoliation and full-body massage, from the top of the head to the toes, provide an instantaneous rejuvenating effect and incomparable relaxation. *Scrubbing without shower.*

SEA HOLISTIC

Relaxing Massage with Sea Boluses . 60 min

Through soft effleurage strokes, targeted pressure, and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment.

TRÉSOR WELLNESS

Absolute Serenity Massage . 60 min

An Ayurvedic-inspired, flowing massage that encompasses the body and scalp, inviting you to let go and relax completely. Gradually, energy returns to the whole body, which becomes lighter and more serene, as if weightless.

CALIFORNIAN WAVE

Relaxing Californian Massage . 30 min / 60 min / 90 min

The perfect combination of calm and fluid movements combined with long strokes to unlock tension and provide complete relaxation.

Suitable for teenagers from 13 years old.

PRENATAL MASSAGE

Relaxing Treatment for Pregnant Woman . 60 min

Developed in collaboration with an osteopath specializing in maternity care, this prenatal massage offers expectant mothers a moment of well-being.

PHYTOMER

